

**Monday to Friday**

Lakeside, Bus Station (Bay D)	0530	0550	0610	0625	0635	0647	0700	0711	0722	0735	0750	0805	0820	0835	0850
Lakeside, Pilgrims Roundabout	0533	0553	0613	0628	0638	0650	0703	0714	0725	0738	0753	0808	0823	0838	0853
South Ockendon, Royal Oak	0540	0600	0620	0635	0645	0657	0710	0721	0732	0747	0802	0817	0832	0847	0902
North Ockendon, Fen Lane	0542	0602	0622	0637	0647	0659	0712	0723	0734	0749	0804	0819	0834	0849	0904
Corbets Tey, Corbets Tey	0548	0608	0628	0643	0653	0705	0718	0729	0740	0755	0810	0825	0840	0855	0910
Upminster, St. Laurence Road	0554	0614	0634	0649	0659	0714	0727	0738	0752	0807	0822	0837	0852	0907	0922
Upminster Bridge Station	0557	0617	0637	0652	0703	0718	0731	0743	0757	0812	0827	0842	0857	0912	0927
Hornchurch, Town Centre	0600	0620	0640	0655	0708	0723	0736	0751	0805	0820	0835	0850	0905	0920	0932
Ardleigh Green, The Drill Roundabout	0605	0625	0645	0700	0715	0730	0745	0800	0815	0830	0845	0900	0913	0928	0938
Romford Station (Stop V)	0609	0629	0649	0706	0721	0738	0753	0808	0823	0838	0853	0908	0919	0932	0942
Romford, Mercury Gardens (Stop N)	0612	0632	0652	0709	0724	0741	0756	0811	0826	0841	0856	0911	0922	0935	0945

Monday to Friday

Lakeside, Bus Station (Bay D)	0905	0920		35	50	05	20			1335	1348	1400	1410	1420	1435	1450
Lakeside, Pilgrims Roundabout	0908	0923		38	53	08	23			1338	1351	1403	1413	1423	1438	1453
South Ockendon, Royal Oak	0917	0932	then	47	02	17	32			1347	1400	1412	1422	1432	1447	1502
North Ockendon, Fen Lane	0919	0934	at	49	04	19	34			1349	1402	1414	1424	1434	1449	1504
Corbets Tey, Corbets Tey	0925	0940	these	55	10	25	40			1355	1408	1420	1430	1440	1455	1510
Upminster, St. Laurence Road	0937	0949	mins	04	19	34	49	until		1404	1417	1429	1439	1449	1504	1519
Upminster Bridge Station	0941	0953	past	08	23	38	53			1408	1421	1433	1443	1454	1509	1524
Hornchurch, Town Centre	0945	0957	each	12	27	42	57			1412	1425	1437	1450	1502	1517	1532
Ardleigh Green, The Drill Roundabout	0951	1003	hour	18	33	48	03			1418	1431	1445	1458	1510	1525	1540
Romford Station (Stop V)	0955	1007		22	37	52	07			1422	1435	1449	1503	1515	1530	1545
Romford, Mercury Gardens (Stop N)	0958	1010		25	40	55	10			1425	1438	1452	1506	1518	1533	1548

Monday to Friday

Lakeside, Bus Station (Bay D)	1505	1520	1535	1550	1605	1620	1635	1650	1705	1720	1735	1750	1805	1820	1837
Lakeside, Pilgrims Roundabout	1508	1523	1538	1553	1608	1623	1638	1653	1708	1723	1738	1753	1808	1823	1840
South Ockendon, Royal Oak	1517	1532	1547	1602	1617	1632	1647	1702	1717	1732	1747	1802	1817	1832	1849
North Ockendon, Fen Lane	1519	1534	1549	1604	1619	1634	1649	1704	1719	1734	1749	1804	1819	1834	1851
Corbets Tey, Corbets Tey	1525	1540	1555	1610	1625	1640	1655	1710	1725	1740	1755	1810	1825	1840	1857
Upminster, St. Laurence Road	1534	1549	1604	1619	1634	1649	1704	1719	1734	1749	1804	1819	1834	1849	1904
Upminster Bridge Station	1539	1554	1609	1624	1639	1654	1709	1724	1738	1753	1808	1823	1838	1853	1907
Hornchurch, Town Centre	1547	1602	1617	1632	1647	1702	1717	1732	1745	1800	1812	1827	1842	1857	1910
Ardleigh Green, The Drill Roundabout	1555	1610	1625	1640	1655	1708	1723	1738	1751	1806	1818	1833	1848	1903	1915
Romford Station (Stop V)	1600	1615	1630	1645	1700	1713	1728	1743	1756	1811	1823	1838	1853	1907	1919
Romford, Mercury Gardens (Stop N)	1603	1618	1633	1648	1703	1716	1731	1746	1759	1814	1826	1841	1856	1910	1922

Monday to Friday

Lakeside, Bus Station (Bay D)	1900	1920	1945	2015	2045	2115	2145	2215	2245	2315	2345				
Lakeside, Pilgrims Roundabout	1903	1923	1948	2018	2048	2118	2148	2218	2248	2318	2348				
South Ockendon, Royal Oak	1910	1930	1955	2025	2055	2125	2155	2225	2255	2325	2355				
North Ockendon, Fen Lane	1912	1932	1957	2027	2057	2127	2157	2227	2257	2327	2357				
Corbets Tey, Corbets Tey	1918	1938	2003	2033	2103	2133	2203	2233	2303	2333	0003				
Upminster, St. Laurence Road	1924	1944	2009	2039	2109	2139	2209	2239	2309	2339	0009				
Upminster Bridge Station	1927	1947	2012	2042	2112	2142	2212	2242	2312	2342	0012				
Hornchurch, Town Centre	1930	1950	2015	2045	2115	2145	2215	2245	2315	2345	0015				
Ardleigh Green, The Drill Roundabout	1935	1955	2020	2050	2120	2150	2220	2250	2320	2350	0020				
Romford Station (Stop V)	1939	1959	2024	2054	2124	2154	2224	2254	2324	2354	0024				
Romford, Mercury Gardens (Stop N)	1942	2002	2027	2057	2127	2157	2227	2257	2327	2357	0027				

**370****Lakeside - Upminster - Romford**

Arriva Southern Counties

Saturday

Lakeside, Bus Station (Bay D)	0530	0550	0610	0630	0650	0710	0730	0750	0810	0825	0837	0852
Lakeside, Pilgrims Roundabout	0533	0553	0613	0633	0653	0713	0733	0753	0813	0828	0840	0855
South Ockendon, Royal Oak	0540	0600	0620	0640	0700	0720	0740	0800	0820	0835	0847	0902
North Ockendon, Fen Lane	0542	0602	0622	0642	0702	0722	0742	0802	0822	0837	0849	0904
Corbets Tey, Corbets Tey	0548	0608	0628	0648	0708	0728	0748	0808	0828	0843	0855	0910
Upminster, St. Laurence Road	0554	0614	0634	0654	0714	0734	0754	0814	0834	0849	0904	0919
Upminster Bridge Station	0557	0617	0637	0657	0717	0737	0757	0817	0837	0853	0908	0923
Hornchurch, Town Centre	0600	0620	0640	0700	0720	0740	0800	0820	0842	0857	0912	0927
Ardleigh Green, The Drill Roundabout	0605	0625	0645	0705	0725	0745	0805	0825	0848	0903	0918	0933
Romford Station (Stop V)	0609	0629	0649	0709	0729	0749	0809	0829	0852	0907	0922	0937
Romford, Mercury Gardens (Stop N)	0612	0632	0652	0712	0732	0752	0812	0832	0855	0910	0925	0940

Saturday

Lakeside, Bus Station (Bay D)		05	20	35	50		1735	1755	1820	1840	1902	1922	1945	2015	2045
Lakeside, Pilgrims Roundabout		08	23	38	53		1738	1758	1823	1843	1905	1925	1948	2018	2048
South Ockendon, Royal Oak	then	17	32	47	02		1747	1807	1832	1852	1912	1932	1955	2025	2055
North Ockendon, Fen Lane	at	19	34	49	04		1749	1809	1834	1854	1914	1934	1957	2027	2057
Corbets Tey, Corbets Tey	these	25	40	55	10	until	1755	1815	1840	1900	1920	1940	2003	2033	2103
Upminster, St. Laurence Road	mins	34	49	04	19		1804	1824	1846	1906	1926	1946	2009	2039	2109
Upminster Bridge Station	past	38	53	08	23		1808	1828	1849	1909	1929	1949	2012	2042	2112
Hornchurch, Town Centre	each	42	57	12	27		1812	1832	1852	1912	1932	1952	2015	2045	2115
Ardleigh Green, The Drill Roundabout	hour	48	03	18	33		1818	1837	1857	1917	1937	1957	2020	2050	2120
Romford Station (Stop V)		52	07	22	37		1822	1841	1901	1921	1941	2001	2024	2054	2124
Romford, Mercury Gardens (Stop N)		55	10	25	40		1825	1844	1904	1924	1944	2004	2027	2057	2127

Saturday

Lakeside, Bus Station (Bay D)	2115	2145	2215	2245	2315
Lakeside, Pilgrims Roundabout	2118	2148	2218	2248	2318
South Ockendon, Royal Oak	2125	2155	2225	2255	2325
North Ockendon, Fen Lane	2127	2157	2227	2257	2327
Corbets Tey, Corbets Tey	2133	2203	2233	2303	2333
Upminster, St. Laurence Road	2139	2209	2239	2309	2339
Upminster Bridge Station	2142	2212	2242	2312	2342
Hornchurch, Town Centre	2145	2215	2245	2315	2345
Ardleigh Green, The Drill Roundabout	2150	2220	2250	2320	2350
Romford Station (Stop V)	2154	2224	2254	2324	2354
Romford, Mercury Gardens (Stop N)	2157	2227	2257	2327	2357

Sunday

Lakeside, Bus Station (Bay D)	0635	0710	0740	0810	0840	0910	0940		10	40		1710	1743	1815	1845
Lakeside, Pilgrims Roundabout	0638	0713	0743	0813	0843	0913	0943		13	43		1713	1746	1818	1848
South Ockendon, Royal Oak	0645	0720	0750	0820	0850	0922	0952	then	22	52		1722	1755	1825	1855
North Ockendon, Fen Lane	0647	0722	0752	0822	0852	0924	0954	at	24	54		1724	1757	1827	1857
Corbets Tey, Corbets Tey	0653	0728	0758	0828	0858	0930	1000	these	30	00		1730	1803	1833	1903
Upminster, St. Laurence Road	0659	0734	0804	0834	0904	0939	1009	mins	39	09	until	1739	1809	1839	1909
Upminster Bridge Station	0702	0737	0807	0837	0908	0943	1013	past	43	13		1743	1812	1842	1912
Hornchurch, Town Centre	0705	0740	0810	0840	0912	0947	1017	each	47	17		1747	1815	1845	1915
Ardleigh Green, The Drill Roundabout	0710	0745	0815	0845	0918	0953	1023	hour	53	23		1753	1820	1850	1920
Romford Station (Stop V)	0714	0749	0819	0849	0922	0957	1027		57	27		1757	1824	1854	1924
Romford, Mercury Gardens (Stop N)	0717	0752	0822	0852	0925	1000	1030		00	30		1800	1827	1857	1927

Sunday

Lakeside, Bus Station (Bay D)	1915	1945	2015	2045	2115	2145	2215	2245	2315	2345
Lakeside, Pilgrims Roundabout	1918	1948	2018	2048	2118	2148	2218	2248	2318	2348
South Ockendon, Royal Oak	1925	1955	2025	2055	2125	2155	2225	2255	2325	2355
North Ockendon, Fen Lane	1927	1957	2027	2057	2127	2157	2227	2257	2327	2357
Corbets Tey, Corbets Tey	1933	2003	2033	2103	2133	2203	2233	2303	2333	0003
Upminster, St. Laurence Road	1939	2009	2039	2109	2139	2209	2239	2309	2339	0009
Upminster Bridge Station	1942	2012	2042	2112	2142	2212	2242	2312	2342	0012
Hornchurch, Town Centre	1945	2015	2045	2115	2145	2215	2245	2315	2345	0015
Ardleigh Green, The Drill Roundabout	1950	2020	2050	2120	2150	2220	2250	2320	2350	0020
Romford Station (Stop V)	1954	2024	2054	2124	2154	2224	2254	2324	2354	0024
Romford, Mercury Gardens (Stop N)	1957	2027	2057	2127	2157	2227	2257	2327	2357	0027

**370****Romford - Upminster - Lakeside**

Arriva Southern Counties

Monday to Friday

Romford, Mercury Gardens (Stop M)	0600	0620	0637	0649	0701	0714	0729	0739	0751	0806		21	36	51	06
Romford Station	0603	0623	0640	0652	0704	0717	0732	0742	0754	0809		24	39	54	09
Ardleigh Green, The Drill Roundabout	0607	0627	0644	0656	0709	0722	0737	0747	0802	0817	at	29	44	59	14
Hornchurch Town Centre	0613	0633	0650	0702	0717	0730	0745	0757	0812	0827	these	35	50	05	20
Upminster Bridge Station	0615	0635	0652	0705	0720	0734	0749	0801	0816	0831	mins	38	53	08	23
Upminster, St. Laurence Road	0619	0639	0656	0710	0725	0740	0755	0810	0825	0840	past	43	58	13	28
Corbets Tey, Corbets Tey	0625	0645	0702	0717	0732	0747	0802	0817	0832	0847	each	50	05	20	35
North Ockendon, Fen Lane	0631	0651	0708	0723	0738	0753	0808	0823	0838	0853	hour	56	11	26	41
South Ockendon, Royal Oak	0633	0653	0710	0725	0740	0755	0810	0825	0840	0855		58	13	28	43
Lakeside, Pilgrims Roundabout	0640	0700	0719	0734	0749	0804	0819	0834	0849	0904		07	22	37	52
Lakeside, Bus Station (Bay D)	0643	0703	0722	0737	0752	0807	0822	0837	0852	0907		10	25	40	55

Monday to Friday

Romford, Mercury Gardens (Stop M)	1458		13	28	43	58		1713	1728	1743	1758	1813	1826	1841	
Romford Station	1501		16	31	46	01		1716	1731	1746	1801	1816	1829	1844	
Ardleigh Green, The Drill Roundabout	1506	then	21	36	51	06		1721	1736	1751	1806	1821	1834	1849	
Hornchurch Town Centre	1513	at	28	43	58	13		1728	1743	1758	1812	1827	1840	1855	
Upminster Bridge Station	until 1517	these	32	47	02	17	until 1732	1747	1802	1816	1830	1843	1858		
Upminster, St. Laurence Road	1526	mins	41	56	11	26		1741	1756	1809	1823	1835	1848	1903	
Corbets Tey, Corbets Tey	1533	past	48	03	18	33		1748	1803	1816	1830	1842	1855	1909	
North Ockendon, Fen Lane	1540	each	55	10	25	40		1755	1810	1822	1836	1848	1901	1915	
South Ockendon, Royal Oak	1542	hour	57	12	27	42		1757	1812	1824	1838	1850	1903	1917	
Lakeside, Pilgrims Roundabout	1551		06	21	36	51		1806	1821	1833	1847	1859	1910	1924	
Lakeside, Bus Station (Bay D)	1554		09	24	39	54		1809	1824	1836	1850	1902	1913	1927	

Monday to Friday

Romford, Mercury Gardens (Stop M)	1856	1917	1940		40	10		2310	2340	0010	0040				
Romford Station	1859	1920	1943		43	13		2313	2343	0013	0043				
Ardleigh Green, The Drill Roundabout	1904	1924	1947		47	17		2317	2347	0017	0047				
Hornchurch Town Centre	1910	1930	1953	at	53	23		2323	2353	0023	0053				
Upminster Bridge Station	1912	1932	1955	these	55	25		2325	2355	0025	0055				
Upminster, St. Laurence Road	1916	1936	1959	mins	59	29	until	2329	2359	0029	0059				
Corbets Tey, Corbets Tey	1922	1942	2005	past	05	35		2335	0005	0035	0105				
North Ockendon, Fen Lane	1928	1948	2011	each	11	41		2341	0011	0041	0111				
South Ockendon, Royal Oak	1930	1950	2013	hour	13	43		2343	0013	0043	0113				
Lakeside, Pilgrims Roundabout	1937	1957	2020		20	50		2350	0020	0050	0120				
Lakeside, Bus Station (Bay D)	1940	2000	2023		23	53		2353	0023	0053	0123				

Saturday

Romford, Mercury Gardens (Stop M)	0600	0620	0640	0700	0720	0740	0757	0812	0827	0840	0852				
Romford Station	0603	0623	0643	0703	0723	0743	0800	0815	0830	0843	0855				
Ardleigh Green, The Drill Roundabout	0607	0627	0647	0707	0727	0747	0804	0819	0834	0847	0859				
Hornchurch Town Centre	0613	0633	0653	0713	0733	0753	0810	0825	0840	0853	0905				
Upminster Bridge Station	0615	0635	0655	0715	0735	0755	0812	0827	0842	0855	0908				
Upminster, St. Laurence Road	0619	0639	0659	0719	0739	0759	0816	0831	0846	0859	0913				
Corbets Tey, Corbets Tey	0625	0645	0705	0725	0745	0805	0822	0837	0852	0906	0920				
North Ockendon, Fen Lane	0631	0651	0711	0731	0751	0811	0828	0843	0858	0912	0926				
South Ockendon, Royal Oak	0633	0653	0713	0733	0753	0813	0830	0845	0900	0914	0928				
Lakeside, Pilgrims Roundabout	0640	0700	0720	0740	0800	0820	0837	0852	0909	0923	0937				
Lakeside, Bus Station (Bay D)	0643	0703	0723	0743	0803	0823	0840	0855	0912	0926	0940				

**370****Romford - Upminster - Lakeside**

Arriva Southern Counties

Saturday

Romford, Mercury Gardens (Stop M)		06	21	36	51		1821	1840	1900	1920	1940		10	40	0040
Romford Station		09	24	39	54		1824	1843	1903	1923	1943		13	43	0043
Ardleigh Green, The Drill Roundabout		14	29	44	59		1829	1847	1907	1927	1947		17	47	0047
Hornchurch Town Centre	then	20	35	50	05		1835	1853	1913	1933	1953	then	23	53	0053
Upminster Bridge Station	at	23	38	53	08		1838	1855	1915	1935	1955	at	25	55	until 0055
Upminster, St. Laurence Road	these	28	43	58	13	until	1843	1859	1919	1939	1959	these	29	59	0059
Corbets Tey, Corbets Tey	mins	35	50	05	20		1850	1905	1925	1945	2005	mins	35	05	0105
North Ockendon, Fen Lane	past	41	56	11	26		1856	1911	1931	1951	2011	past	41	11	0111
South Ockendon, Royal Oak	each	43	58	13	28		1858	1913	1933	1953	2013	each	43	13	0113
Lakeside, Pilgrims Roundabout	hour	52	07	22	37		1907	1920	1940	2000	2020	hour	50	20	0120
Lakeside, Bus Station (Bay D)		55	10	25	40		1910	1923	1943	2003	2023		53	23	0123

Sunday

Romford, Mercury Gardens (Stop M)	0645	0715	0740	0810	0840	0910	0940	1010		10	40		1610	1640	1710
Romford Station	0647	0717	0742	0812	0842	0912	0943	1013		13	43		1613	1643	1713
Ardleigh Green, The Drill Roundabout	0651	0721	0746	0816	0846	0916	0948	1018		18	48		1618	1648	1718
Hornchurch Town Centre	0656	0726	0751	0821	0851	0922	0954	1024	then	22	54		1624	1654	1724
Upminster Bridge Station	0658	0728	0753	0823	0853	0925	0957	1027	at	25	57		1627	1657	1727
Upminster, St. Laurence Road	0701	0731	0756	0826	0856	0930	1002	1032	these	32	02		1632	1702	1732
Corbets Tey, Corbets Tey	0707	0737	0802	0832	0902	0937	1009	1039	mins	39	09	until	1639	1709	1739
North Ockendon, Fen Lane	0713	0743	0808	0838	0908	0943	1015	1045	past	15	45		1645	1715	1745
South Ockendon, Royal Oak	0715	0745	0810	0840	0910	0945	1017	1047	each	17	47		1647	1717	1747
Lakeside, Pilgrims Roundabout	0721	0751	0816	0846	0916	0951	1026	1056	hour	26	56		1656	1726	1754
Lakeside, Bus Station (Bay D)	0724	0754	0819	0849	0919	0954	1029	1059		59	29		1659	1729	1757

Sunday

Romford, Mercury Gardens (Stop M)	1740	1810	1840		10	40		2310	2340	0010	0040				
Romford Station	1743	1813	1843		13	43		2313	2343	0013	0043				
Ardleigh Green, The Drill Roundabout	1748	1817	1847	then	17	47		2317	2347	0017	0047				
Hornchurch Town Centre	1754	1823	1853	at	23	53		2323	2353	0023	0053				
Upminster Bridge Station	1756	1825	1855	these	25	55		2325	2355	0025	0055				
Upminster, St. Laurence Road	1800	1829	1859	mins	29	59	until	2329	2359	0029	0059				
Corbets Tey, Corbets Tey	1806	1835	1905	past	35	05		2335	0005	0035	0105				
North Ockendon, Fen Lane	1812	1841	1911	each	41	11		2341	0011	0041	0111				
South Ockendon, Royal Oak	1814	1843	1913	hour	43	13		2343	0013	0043	0113				
Lakeside, Pilgrims Roundabout	1821	1850	1920		50	20		2350	0020	0050	0120				
Lakeside, Bus Station (Bay D)	1824	1853	1923		53	23		2353	0023	0053	0123				



Lost Property ?

Most bus and train operators have a system for dealing with lost property. If you have left something behind, contact the operator directly and there's a good chance that you will get it back. If you are not sure who to call, ask Thurrock Council (01375) 652652 for details of the relevant operator.

Thurrock Passenger Transport Unit
THURROCK COUNCIL
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